



Email Newsletter

Miles Christi

Latest Updates

As we reflect on the recent 4th of July holiday and its meaning as a free nation let us remember true freedom comes from our relationship with Jesus Christ.

St. John wrote to the early Christians: "Beloved, we are God's children now; it does not yet appear what we will be, but we know that when he appears we shall be like him, for we shall see him as he is" (1 John 3:2).

Take time during the longer days of summer to reflect on how we show we are children of God to our at times divided nation as we await Jesus' return.

Upcoming Events

- August 20-22: [Spiritual Exercises for Women](#), Oceanside, CA
- August 27-29: [Spiritual Exercises for Men](#), Oceanside, CA
- October 8-10: [Spiritual Exercises for Women](#), Houston, TX

The "Throwback Corner" is where we will be including previously written pieces, videos, podcasts, etc. on culturally relevant topics for discussion.

Holy Communion is the food of our soul. Only the Eucharist can give us sufficient strength to overcome the battles we will encounter in our Christian life. Prayer and piety soon languish without the Eucharist. Therefore, let us make the resolution to receive Jesus Christ frequently in the Blessed Sacrament.



Read: [Holy Communion, Food for our Soul](#)



Saintly Inspiration

“He loves, He hopes,
He waits. Our Lord
prefers to wait
Himself for the
sinner for years
rather than keep
us waiting
an instant.”

St. Maria Goretti
July 6, 2021.



Saintly holiness IS possible! Together, let us seek holiness with the saints as our inspiration.

Yesterday was the feast day of St. Maria Goretti, canonized in 1950 by Pope Pius XII, becoming the youngest Roman Catholic saint officially recognized by name. St. Maria Goretti is best known for her commitment to purity and the courageous defense of her faith at the young age of eleven that made her willing to undergo death rather than participate in a sin against God.

In 2003, Pope John Paul II spoke of St. Goretti's life as an exemplary witness of what it means to be "pure of heart."

"Marietta, as she was lovingly called, reminds the youth of the third millennium that true happiness demands courage and a spirit of sacrifice, refusing every compromise with evil and having the disposition to pay personally, even with death, faithful to God and his commandments."

"How timely this message is," the Holy Father continued. "Today, pleasure, selfishness and directly immoral actions are often exalted in the name of the false ideals of liberty and happiness. It is essential to reaffirm clearly that purity of heart and of body go together, because chastity 'is the custodian' of authentic love."

Have You Checked Out Our "For College Catholics" Podcast Yet?

This is a podcast where the principles of the Catholic Faith and spirituality are discussed, gearing it toward college students and young adult Catholics.

The Friday, July 1 episode was: **Interview with Jennifer Fulwiler**. Jen is a Catholic comedian, writer, podcaster and mother of six.

[Listen HERE!](#)

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